

ACTION GUIDE

The Positive Intention

Intention	Behavior
3+	
3+	
3+	
3+	
3+	4. New behavior based on (3)
3+. Like (3) with next layer of importance	
3. Intention with (2) / If I could get (2) to happen what was I trying to make happen that was more important	
2. Intention / Trying to have happen	1. Original Behavior